

Long Weekend Reboot Shopping List (for 2):

Apples (Golden Delicious): 8

Apples (Pink Lady): 6

Beets: 2

Bell Peppers: 5

Blackberries: 1 container

Blueberries: 1 container

Broccoli: 2 heads

Carrots: 5 lb bag

Corn: 1 ear

Cucumbers: 2

Grapes, purple: 1 bagful

Honeydew Melon: 1

Hummus

Kale –2 bundles

Lemons: 3

Limes: 2

Onion: 1 small, red

Oranges: 1

Parsley: 2 cups

Peaches: 4

Pears: 2

Pineapple: 1 can

Raisins, golden: 2 Tbsp

Refried Black Beans: 1 can

Spaghetti Squash: 1

Spinach: large container

Sweet Potatoes: 5

Tomatoes: 6 Plum

Veggie Burgers: 2

**Miscellaneous Items already on hand:**

½ Cup Almonds

Cinnamon

Cumin

Maple Syrup

Minced Garlic

Olive Oil

2 Tbsp Orange Juice

Roasted Red Pepper Vinegarette

Salsa

Tomato Sauce

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