

WEEK 1 Classic Reboot Shopping List:

Apples (Golden Delicious): 4

Apples (Pink Lady): 6

Avocados: 2

Beets – 3

Bell Peppers: 4

Carrots: 1lb bag

Cherries: 1 small bag

Corn – 1 small can

Cucumbers: 3

Edamame Hummus

Grapefruit: 1

Kale – 4 bundles

Kiwis: 2

Lemons: 2

Limes: 2

Oranges: 3

Parsley: 1 small handful

Pears: 1

Pineapple: 1 small can

Raisins: 1 small bag

Snow Peas: 1 small bag

Spaghetti Squash: 1

Spinach: large container

Sweet Potatoes: 3

Tomatoes: 2 containers of grape tomatoes

Water Chestnuts : 1 small can

Watermelons: 1 small round

Zucchini: 2

**Miscellaneous Items already on hand:**

Cinnamon

Cumin

Green Tea

Maple Syrup

Minced Garlic

Olive Oil

Roasted Red Pepper Vinegarette

Salsa

Stir Fry Sauce

Tomato Sauce

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